



The Eclectic Chic Boutique

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After School Enrichment Arts Programs



Spark creativity and ignite after-school fun with The Eclectic Chic Boutique's After School Enrichment Arts Programs! We bring engaging multi-week workshops directly to local Essex County schools, serving primary, elementary, and middle schoolers. Our passionate team of local artists are experts in their crafts and love sharing their knowledge with young minds. Through our programs, students embark on a journey of artistic exploration, building skills, fostering imagination, and making new friends in a supportive environment.

We Offer:

- 4-to-9-week programming
- Programming for grades K thru 8th grade
- Projects scaled to age and skill level
- Materials Are Included

Pricing:

- 6-week program: \$165 per student
- 7-week program: \$192 per student
- 8-week program: \$220 per student
- 9-week program: \$248 per student

PROGRAMS



Jewelry Making

In this fun and creative Jewelry Making program, we'll explore a variety of themes, techniques and materials to create our own wearable art. Some of the projects will be colorful friendship bracelets, funky pendants, and creative beaded necklaces. This program appeals to a range of grade levels, and projects will be tailored according to that group's interests and skill levels. We will explore different areas of jewelry making like patterns, color coordination, design elements, and styles. By the end of this program, you'll have a collection of wearable art you can show off to your friends and family or give as gifts.

Grade Levels: K through 8th Grade. Projects will be tailored to the grade levels. We recommend grouping according to age. (i.e. K through 2nd, or 3rd & 4th)

Skills Targeted:

- **Fine Motor Skills:** Jewelry making involves a lot of hand-eye coordination and manipulation of small objects.
- **Color and Design:** Choosing and arranging beads and other materials exposes children to concepts of color theory, matching colors, and creating patterns. They can experiment with different combinations and express their creativity through their designs.
- **Following Instructions:** Many jewelry making projects involve following multiple steps. This helps children develop their listening and comprehension skills as they learn and follow directions.
- **Pattern Recognition:** Activities like stringing beads or weaving friendship bracelets introduce children to basic patterning concepts. They will learn to repeat sequences and create predictable patterns.
- **Basic Math Skills:** Counting beads, measuring string lengths, and following patterns all involve basic math concepts that can be reinforced through jewelry making.
- **Patience and Focus:** Creating jewelry requires focus and concentration, especially for younger children. Completing a project from start to finish helps them develop these skills.
- **Self-Expression:** Jewelry making allows children to express their individuality and sense of style through the choices they make about materials and designs.



Fizz, Foam, Fun: Self Care Crafts

This after-school program is perfect for budding scientists and bath-time enthusiasts. We'll mix up a world of bubbly bath creations, from colorful body wash to soothing bath oil and fizzy bath bombs! Scents and colors will change with the seasons. Each project is designed to be age-appropriate and engaging, letting you explore the science behind skincare while crafting personalized bath-time favorites. Get ready to unleash your creativity and pamper yourself with homemade goodness!

Grade Levels: K through 8th grade. Projects will be tailored to the grade levels. We recommend grouping according to age. (i.e. K through 2nd, or 3rd & 4th)

Skills Targeted:

- **Following a recipe:** Mixing ingredients according to a recipe introduces basic scientific concepts like measurement and following procedures.
- **Properties of materials:** They will learn how different ingredients, like oils and powders, have different properties that affect the final product.
- **Measurement:** Many recipes involve measuring ingredients in cups, tablespoons, or teaspoons. This helps children develop basic measurement skills.
- **Following ratios:** Some recipes require the following specific ratios of ingredients. This introduces basic math concepts like proportions.
- **Fine Motor Skills:** Pouring, mixing, and scooping ingredients helps children develop small muscles in their hands and fingers.
- **Creativity and Self-Expression:** Choosing colors, scents, and themes for their bath products allows them to express their creativity and personalize their creations.
- **Following Directions:** Completing a project requires following multiple steps. This helps children develop their listening and comprehension skills as they learn and follow directions.
- **The importance of self-care:** Making bath products can introduce the concept of self-care and create a positive association with bath time routines.



Crocheting

For kids who love yarn and are curious about crochet. This after school program will help kids understand how to crochet and get a handle on basic stitches, as well as learning patience and gaining self-confidence. We'll weave creativity with yarn and explore fun projects from fun accessories to cozy scarves. Projects are matched to the grade level and skill level of the students.

Grade Levels: 2nd through 8th grade. Projects will be tailored to grade levels. We recommend grouping according to age. (i.e. 2nd through 4th, or 5th & 6th)

Skills Targeted:

- **Fine Motor Skills and Hand-Eye Coordination:** Crocheting requires precise hand movements to hold the yarn, manipulate the hook, and create stitches. This repetitive practice strengthens the small muscles in their hands and improves their hand-eye coordination.
- **Following Instructions and Pattern Recognition:** Learning to crochet involves following written or visual patterns, which require focus and comprehension. Kids will develop their ability to follow multi-step directions and recognize repeating patterns in the stitch sequences.
- **Basic Math Skills:** Counting stitches, rows, and following patterns introduces basic math concepts like counting, addition, and subtraction in a practical way.
- **Patience and Focus:** Completing a crocheted project requires sustained focus and perseverance. It teaches them to tackle challenges, work towards a goal, and find satisfaction in finishing a project.
- **Creativity and Self-Expression:** Crocheting allows for creative exploration through color choices, stitch combinations, and project selection. Kids can personalize their creations and express their individuality.
- **Problem-Solving Skills:** Mistakes are inevitable while learning to crochet. Troubleshooting dropped stitches or figuring out how to fix an uneven edge teaches them problem-solving skills and critical thinking.
- **Self-Confidence:** Mastering new skills and completing projects builds self-confidence and a sense of accomplishment.



Knitting

For kids who love yarn and are curious about knitting. This after school program will help kids understand how to knit and get a handle on basic stitches, as well as learning patience and gaining self-confidence. We'll weave creativity with yarn and explore fun projects from fun accessories to cozy scarves. Projects are matched to the grade level and skill level of the students.

Grade Levels: 2nd through 8th. 2nd through 8th grade. Projects will be tailored to grade levels. We recommend grouping according to age. (i.e. 2nd through 4th, or 5th & 6th)

Skills Targeted:

- **Fine Motor Skills and Hand-Eye Coordination:** Knitting requires precise hand movements to hold the needles, manipulate the yarn, and create stitches. This repetitive practice strengthens the small muscles in their hands and improves their hand-eye coordination.
- **Following Instructions and Pattern Recognition:** Learning to knit involves following written or visual patterns, which require focus and comprehension. Kids will develop their ability to follow multi-step directions and recognize repeating patterns in the stitch sequences.
- **Basic Math Skills:** Counting stitches, rows, and following patterns introduces basic math concepts like counting, addition, and subtraction.
- **Patience and Focus:** Completing a knitted project requires sustained focus and perseverance. It teaches them to tackle challenges, work towards a goal, and find satisfaction in finishing a project.
- **Creativity and Self-Expression:** Knitting allows for creative exploration through color choices, stitch combinations, and project selection. Kids can personalize their creations and express their individuality.
- **Problem-Solving Skills:** Mistakes are inevitable while learning to knit. Troubleshooting dropped stitches or figuring out how to fix an uneven edge teaches them problem-solving skills and critical thinking.
- **Self-Confidence:** Mastering new skills and completing projects builds self-confidence and a sense of accomplishment.
- **Calming Effect:** The repetitive motions of knitting can be calming and help with focus and relaxation.



Origami

Fold your way to fun in our after-school Origami program! We'll transform simple squares into amazing creations, exploring themes like undersea creatures, flowers and mythical beasts. Our program is designed to match the skill levels of each grade, from beginner folds to more complex designs. Learn cool techniques and discover the magic of transforming flat paper into fantastic 3D art while learning focus, special awareness, and building self-confidence.

Grade Levels: K thru 8th grade

Skills Targeted:

- **Fine Motor Skills and Hand-Eye Coordination:** Origami requires precise folding and manipulation of paper, strengthening the small muscles in their hands and improving hand-eye coordination.
- **Following Instructions and Spatial Reasoning:** Folding origami models involves following multi-step visual instructions, which requires focus and spatial reasoning. Kids will learn to translate 2D diagrams into 3D forms.
- **Basic Math Skills:** Concepts like symmetry, halves, quarters, and diagonals are used frequently in origami, reinforcing basic math understanding in a practical way.
- **Patience and Focus:** Completing an origami model requires perseverance and focus. It teaches them to tackle challenges, follow through on instructions, and find satisfaction in finishing a project.
- **Problem-Solving Skills:** Mistakes happen during origami folding! Figuring out how to fix a misplaced fold or recreate a step teaches them problem-solving skills and critical thinking.
- **Creativity and Following Patterns:** While origami models have specific folds, there's room for creativity in decorating the finished piece or choosing color combinations. They can also experiment with creating their own unique folds based on patterns they observe.
- **Following Traditions and Cultural Appreciation:** Origami is a traditional Japanese art form. Learning about its history and cultural significance can foster appreciation for different cultures.
- **Memory:** Remembering the sequence of folds can improve memorization skills.
- **Calming Effect:** The repetitive and focused nature of origami folding can be calming and promote relaxation.



Sewing & Fabric Arts

Stitch your way to creativity! Kids will learn age-appropriate sewing techniques and create fun projects based on their interests and skill levels. Kids will also explore upcycling and the importance of reducing waste while creating their fabric creations. We'll explore a world of wonder with themed projects, from funky felt plushies to colorful tote bags. Kids will learn essential sewing techniques so they can make their own toys and fashion accessories, or even make repairs on their own clothes. It's the perfect place to make something you'll love and discover the magic of transforming fabric into something fabulous!

Grade Levels: 1st through 8th grade. Projects will be tailored to grade levels. We recommend grouping according to age. (i.e. 2nd through 4th, or 5th & 6th)

Skills Targeted:

- **Fine Motor Skills and Hand-Eye Coordination:** Sewing requires precise hand movements to hold the needle and manipulate fabric. This repetitive practice strengthens the small muscles in their hands and improves hand-eye coordination.
- **Following Instructions and Pattern Recognition:** Sewing projects often involve following written or visual patterns, which require focus and comprehension. Kids will develop their ability to follow multi-step directions and recognize repeating patterns in stitch sequences.
- **Basic Math Skills:** Measuring fabric, sometimes adjusting patterns all introduce practical applications of math concepts.
- **Patience and Focus:** Completing a sewn project requires sustained focus and perseverance. It teaches them to tackle challenges, work towards a goal, and find satisfaction in finishing a project.
- **Creativity and Self-Expression:** Sewing allows for exploration through color choices, fabric patterns, embellishments, and project selection. Kids can personalize their creations and express their individuality.
- **Problem-Solving Skills:** Mistakes are inevitable while sewing. Troubleshooting missed stitches, figuring out how to fix ripped seams, or adapting patterns teaches them problem-solving skills and critical thinking.
- **Self-Confidence:** Mastering new skills and completing projects builds self-confidence and a sense of accomplishment.
- **Safety Awareness:** Learning proper handling of needles and scissors instills safety practices.



Intro to Puppetry

Dive into the world of puppetry in this exciting after-school program! We'll combine storytelling, music, movement, and art to create a theme-based adventure where you'll explore characters, creatures, and their habitats. Through paper craft, masks, improvisation, shadow puppets, hand puppets, and voice acting, you'll build your own puppet collection, learning set design, puppet control, and teamwork. We'll explore rhythm, hone fine and gross motor skills, practice

observation by finding shapes in the objects you create and discover how characters express emotions through movement and body language. By the end, you'll be a puppetry pro with a toolbox of skills and a show-stopping troupe of your own creation!

Themes Available: The Forest, The Ocean, Fairy Tales

Grade Levels: K through 2nd.

Skills Targeted:

- **Musical Awareness:** Develop a sense of tempo, explore singing and dancing, and discover the magic of creating music with body percussion and found objects.
- **Verbal Communication Skills:** Expand vocabulary related to the puppetry world and build a strong foundation in arts and crafts terminology.
- **Performance:** Gain confidence in presenting stories, sharing ideas creatively, and mastering acting techniques like charades, pantomime, and puppet manipulation.
- **Active Listening and Social Skills:** Become active listeners who understand the importance of respect in performance and collaboration. Learn to read body language and nonverbal cues to enhance social interaction and empathy.
- **Fine Art skills:** Hone fine motor skills through the engaging process of crafting and manipulating puppets.



Storytelling Through Puppetry

Discover your inner storyteller in our after-school Puppetry as Storytelling program! We'll delve into classic and modern puppetry forms, learning to build puppets from paper, objects, masks, and more. Through improvisation, shadow puppetry, and character development exercises, you'll craft your own narratives, exploring movement, voice acting, and set design. By learning to observe and interpret the artistry of others, you'll gain the skills to express your own ideas

through this powerful storytelling medium. This interactive program empowers you to not only create but also communicate, using puppetry to explore culture, history, and even problem-solving! By the end, you'll have a troupe of puppets and a newfound confidence to bring your stories to life.

Grade Levels: 3rd through 5th

Skills Targeted:

- **Musical Awareness:** Develop a sense of tempo, explore singing and dancing, and discover the magic of creating music with body percussion and found objects.
- **Verbal Communication Skills:** Expand vocabulary related to the puppetry world and build a strong foundation in arts and crafts terminology.
- **Performance:** Gain confidence in presenting stories, sharing ideas creatively, and mastering acting techniques like charades, pantomime, and puppet manipulation.
- **Active Listening and Social Skills:** Become active listeners who understand the importance of respect in performance and collaboration. Learn to read body language and nonverbal cues to enhance social interaction and empathy.
- **Fine Art skills:** Hone fine motor skills through the engaging process of crafting and manipulating puppets.



Meditation & Mindfulness

This unique afterschool program is designed to introduce children to the powerful practices of meditation and mindfulness. Through engaging activities, guided exercises, and a supportive environment, children will learn valuable skills to manage stress, cultivate focus, and develop greater emotional awareness.

Grade Levels: 1st through 8th. 2nd through 8th grade. Projects will be tailored to grade levels. We recommend grouping according to age. (i.e. 2nd through 4th, or 5th & 6th)

Skills Targeted:

- **Reduced Stress:** Mindfulness techniques help children identify and manage stress, leading to calmer minds and bodies.
- **Improved Focus & Concentration:** Regular practice enhances attention span, making it easier to focus on schoolwork and other activities.
- **Increased Emotional Regulation:** Children learn to understand and manage their emotions more effectively, leading to improved social skills and healthier relationships.
- **Enhanced Self-Awareness:** Mindfulness cultivates self-reflection and self-compassion, fostering a greater understanding of one's thoughts, feelings, and behaviors.
- **Increased Creativity & Imagination:** Mindfulness can open new ways of thinking and enhance creativity.
- **Boosted Self-Esteem:** By developing self-awareness and self-compassion, children can build confidence and a positive self-image.



Art Adventures

Embark on a weekly journey of creativity with [Program Name]: Art Adventures! This exciting afterschool program ignites imagination and sparks joy through hands-on art exploration. Each week, children will delve into a new and exciting art project inspired by the changing seasons and upcoming holidays. From vibrant paper crafts and playful foam creations to colorful paintings and imaginative collages, our program offers a diverse range of materials and techniques to explore.

Grade Levels: K through 2nd

Skills Targeted:

- **Enhanced Creativity:** Children develop their artistic skills and discover new ways to express themselves through a variety of art forms.
- **Improved Fine Motor Skills:** Working with different materials like paints, scissors, and glue strengthens fine motor skills and hand-eye coordination.
- **Increased Focus & Concentration:** Engaging in creative projects helps children develop focus and concentration as they learn new techniques and bring their ideas to life.
- **Boosted Self-Esteem:** Creating something beautiful and unique fosters a sense of accomplishment and boosts children's self-confidence.
- **Relaxation & Stress Relief:** Art provides a wonderful outlet for children to relax, unwind, and express their emotions in a healthy way.
- **Social Interaction:** Working on group projects and sharing their creations with others encourages social interaction and teamwork.
- **Cognitive Development:** Art activities stimulate imagination, problem-solving skills, and critical thinking.



Pipe Cleaner Arts

Get ready to twist, bend, and create with Pipe Cleaner Arts! This exciting after-school program unleashes imaginations through the whimsical world of pipe cleaner art. Children will learn a variety of techniques and skills to transform colorful pipe cleaners into fantastic creatures, fun flowers, whimsical animals, and dazzling decorations while also learning some basic architecture concepts.

Grade Levels: K through 2nd

Skills Targeted:

- **Enhanced Creativity:** Children will develop their artistic skills and discover new ways to express themselves through this unique medium.
- **Improved Fine Motor Skills:** Working with pipe cleaners strengthens fine motor skills, hand-eye coordination, and dexterity.
- **Increased Focus & Concentration:** Creating with pipe cleaners requires focus and patience, helping children develop these important skills.
- **Boosted Self-Esteem:** Creating something unique and imaginative fosters a sense of accomplishment and boosts children's self-confidence.
- **Relaxation & Stress Relief:** The act of creating with pipe cleaners can be a calming and therapeutic experience for children.
- **Cognitive Development:** Pipe cleaner projects encourage problem-solving, spatial reasoning, and critical thinking skills.
- **Sensory Exploration:** Working with different colors and textures provides a stimulating sensory experience.

About The Eclectic Chic Boutique

The Eclectic Chic Boutique is a gift shop nestled in the heart of downtown Montclair, NJ. This vibrant space serves as a collective for local artists and small businesses, showcasing a curated selection of unique and handcrafted treasures. Founded in 2018 by Kristen Zachares, the boutique offers a one-stop destination for creative gifts while also hosting engaging arts and crafts classes. Kristen's vision is to create a welcoming and inclusive environment where everyone feels inspired and empowered to explore their creativity, fostering a genuine appreciation for the work of local artisans.

Contact Us

If you have any questions or would like us to be part of your schools after school program, contact us and get connected.

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