

### **The Eclectic Chic Boutique**

547 Bloomfield Ave, Montclair, NJ 07042

(862) 221-0644

# **Accessible Arts Program for DDD Clients**



Unleash your creativity and have fun at The Eclectic Chic Boutique! We create engaging workshops led by local artists and small businesses, fostering a positive and inclusive environment for adults of all abilities. Our programs promote collaboration and cater to individual interests – we'll incorporate your passions into the projects whenever possible. All materials are provided, and our supportive facilitators will help you learn new skills, build confidence, and boost self-esteem in a fun, low-pressure setting. Don't see your dream class on the schedule? No worries! We'll connect you with a perfect instructor to make it happen.

Classes are typically 1.5 hours long, scheduled based on instructor and participant availability. Our current shop hours are Wednesday thru Sunday 1pm to 9pm.

The Eclectic Chic Boutique is a vendor with Public Partnerships (PPL) and Easter Seals NJ.

# PROGRAMS



#### Lego Arts

Build your artistic skills in our exciting program designed for adult fans of LEGO. Each week, you'll explore new techniques to create amazing LEGO masterpieces. Our facilitator will guide you through building different shapes, figures, and even explore various themes and design concepts. Our supportive facilitators will work alongside you, offering assistance and encouragement at every step.

*Important:* At the end of each session, all the Lego bricks used in the class will be returned to the facilitator. We understand it may be emotionally challenging for some to disassemble their Lego creations, but each participant will be given photos of their creation at the end of each session. Legos are meant to be taken apart and turned into new fun creations over and over.

Price: \$45 per session



#### Soap Making & Skin Care

Craft your own spa experience! Immerse yourself in a world of delightful scents, vibrant colors, and soothing textures. Each session offers a fun, sensory journey as you explore the science behind popular projects like melt & pour soaps, body butters, sugar scrubs, bath bombs, and more!

Our expert facilitator will guide you through the creation process, teaching you about the ingredients and their benefits for your skin. You'll experiment with different techniques, personalize your

creations with custom scents and colors, and even decorate your own packaging! Participants will take home their projects at the end of their session.

*Important:* Some of the processes include using a microwave, hotplate, working with hot liquids, or using a knife or scissors. Be sure the participant is comfortable with these before requesting this program. If a participant has any skin sensitivities or allergies we will adapt projects accordingly.

Price: \$85 per session



### Candle Making & Fragrances

Become a fragrance alchemist and craft your own beautiful, scented candles. Each session is a sensory adventure where you'll explore the world of fragrance-based products. Learn the art of crafting candles, wax melts, tea lights, body sprays, room sprays, and more!

Our expert facilitator will guide you through the science behind the process, explaining how the ingredients together. You'll experiment with different techniques, personalize your creations

with custom fragrances and colors, and even design your own packaging to take home after each session!

*Important:* Some of the processes include using a microwave, hotplate, working with hot liquids, or using a knife or scissors. Be sure the participant is comfortable with these before requesting this program. If a participant has any sensitivities or allergies we will adapt projects accordingly.

Price: \$85 per session



#### **Crocheting**

Unwind and create in our Learn to Crochet program! This program is a fun and rewarding way to explore your creativity and build new skills. In each session, you'll learn the fundamentals of crocheting, starting with yarn handling and mastering basic stitches, including slip stitch, single crochet, double crochet, and triple crochet.

As your confidence grows, our supportive facilitator will guide you through reading patterns and tackling exciting projects that reflect your unique style, such as hats, scarves, mittens and

more.

Price: \$85 per session



# <u>Knitting</u>

Master the art of cozy creation in our Learn to Knit program! This program empowers you to explore your creativity and build new skills in a supportive environment.

Each session takes you on a journey through the fundamentals of knitting. You'll learn comfortable needle handling and master essential stitches, building a strong foundation for future projects. Our encouraging facilitator will be there every step of the way, helping you gain confidence and unlock your inner knitter.

As your skills blossom, so will your projects! We'll guide you through reading patterns, allowing you to create unique knitted pieces that reflect your personal style. Imagine cozy scarves, stylish hats, or even heartwarming gifts – the possibilities are endless!

Price: \$85 per session



## Sewing & Fabric Art

Stitch your way to creativity and confidence in our Sewing Fundamentals program! This program allows you to explore the world of sewing at your own pace, choosing between handstitching with needle and thread or learning to use a sewing machine.

Whether you're a beginner or have some experience, we've got you covered. Our first sessions focus on the basics, teaching you safe sewing practices and essential stitching techniques. Or you

can learn to operate one of our sewing machines in the shop or bring your own from home!

As your skills progress, you'll collaborate with our supportive facilitator to brainstorm project ideas that reflect your unique style. From crafting stylish clothing and accessories to creating adorable dolls, the possibilities are endless!

Price: \$85 per session



## **Painting**

Unleash your inner artist! This program offers a vibrant exploration of painting, catering to a variety of interests. Choose between the expressive world of acrylics or the delicate flow of watercolors. Each session the facilitator will guide you through foundational techniques, helping you master brushwork, color mixing, and composition. Our supportive facilitators are here to help you find your inspiration, whether it's landscapes, portraits, abstract designs, or anything in between!

Ready to experiment? We'll delve into mixed-media techniques, incorporating materials like collage and textural elements to add depth and dimension to your artwork. We'll even explore brushless techniques, allowing everyone to create regardless of physical limitations.

*Important:* These sessions will be using paint and other materials that may be messy. We encourage participants to wear clothing they don't mind getting messy or bringing an apron to wear.

Price: \$95 per session



#### **Jewelry Making**

This program allows you to explore a variety of exciting jewelry making techniques and craft stunning pieces you'll love to wear or share.

Find Your Perfect Fit! From sparkling beadwork to intricate wire wrapping, we offer a range of techniques to suit your style. Choose from Beading, Wire Wrapping, Kumihimo (Japanese braiding), or Polymer Clay creations. Our expert instructors will then guide you through the fundamentals, ensuring you have a

strong foundation to build upon.

Once you've mastered the basics, we'll collaborate with you to design one-of-a-kind pieces that reflect your personality. Think dazzling necklaces, eye-catching bracelets, or statement earrings – the possibilities are endless!

Price: \$75 per session



# <u>Origami</u>

Unfold a world of creativity! This program allows you to explore the fascinating art of origami paper folding, transforming simple squares into amazing creations.

Become a Paper-Folding Master! Each session will guide you through the secrets of origami diagrams, helping you master folding techniques and unlock the magic hidden within each sheet of paper. Our supportive facilitators will be by your side every step of the way, ensuring you build confidence and a strong

foundation in this ancient art form.

As your skills blossom, so will your projects! Imagine crafting majestic animal figures, delicate flowers, mesmerizing mobiles, stunning 3D sculptures, or even unique origami jewelry – the possibilities are endless!

Price: \$65 per session



## Digital Arts

This program equips you with the skills to transform your creative vision into stunning digital art.

Learn how to use Clip Studio Paint, powerful software for creating digital masterpieces. Learn to navigate the interface, master essential tools like brushes and pens, and discover how to achieve captivating effects. Our patient instructors will be there every step of the way, ensuring you build a strong foundation in this exciting artistic medium.

Once comfortable with the software, we'll collaborate to identify your artistic passions. Whether you dream of crafting fantastical characters, drawing majestic animals, or capturing breathtaking landscapes, the possibilities are endless!

We recommend bringing in your own laptop to use in the class or you can request to use our instudio laptop.

Price: \$75 per session



# Cricut Basics

Get creative by learning how to use a Cricut machine. Cricut is a versatile cutting machine that can cut a variety of materials including vinyl, sticker paper, cardstock, faux leather, and more.

Your instructor will teach you how to set up Design Space on your computer, how to navigate Design Space, use Shapes and Fonts, and how to cut and apply your design. In each session you'll learn how to assemble different kinds of custom and personalized projects.

We recommend bringing in your own laptop to use in the class or you can request to use our instudio laptop.

Price: \$100 per session



## **Puppetry**

Bring your imagination to life! Explore the magical world of puppetry and learn how to create and perform your own unique stories. You'll embark on imaginative journeys inspired by a chosen theme, exploring characters, creatures, and their environments. Dive into a variety of techniques like paper crafting, mask-making, improvisation, and building using hand puppets, shadow puppets, and more.

Develop your storytelling skills through interactive classes that

incorporate movement, music, dramatics, and voice exploration. Strengthen fine and gross motor skills by crafting puppets and practicing techniques like mouth control, turn-taking, and synchronized movement. Hone your observation skills by finding shapes in the objects we create, translating them both physically and artistically.

Price: \$75 per session



# Cookie & Cake Decorating

Explore your creativity and culinary skills through the art of cookie and cake decorating. Participants will learn various techniques, from basic icing and piping to intricate designs and decorating techniques. Participants can choose to decorate items like cookies, cupcakes, cakes, and more. Under the guidance of experienced instructors, individuals will develop fine motor skills, enhance their artistic expression, and build self-confidence while enjoying a fun and social experience.

*Important:* Some of the processes include using a microwave, hotplate, working with hot liquids, or using a knife or scissors. Be sure the participant is comfortable with these before requesting this program. If a participant has any food sensitivities or allergies we will adapt projects accordingly.

Price: \$100 per session



#### **Chocolate Making**

Discover the art of chocolate making. Participants will learn various techniques, from melting chocolate to using molding to decorating. Participants can learn to make chocolates using fun seasonal molds and flavors, and how to package them to keep or give as gifts. Through hands-on experience and guidance from experienced instructors, individuals will develop fine motor skills, enhance their culinary expertise, and boost their self-esteem while enjoying a delicious and rewarding experience.

*Important:* Some of the processes include using a microwave, hotplate, working with hot liquids, or using a knife or scissors. Be sure the participant is comfortable with these before requesting this program. If a participant has any food sensitivities or allergies we will adapt projects accordingly.

Price: \$100 per session



Price: \$65 per session

## Pipe Cleaner Crafts

Get creative with Pipe Cleaners. Explore a variety of techniques to craft whimsical animals, vibrant flowers, and imaginative abstract designs. This class is designed to be inclusive and adaptable to all skill levels and abilities, providing a supportive and encouraging environment for artistic expression. Your instructor will guide you thought thinking in 3 dimensions and utilize fine motor skills to create beautiful pipe cleaner sculptures.



Price: \$85 per session

#### Art Adventures

Embark on a creative journey with 'Art Adventures'. Instead of choosing one specific kind of craft, the participant can select different crafts to try each session. Each session introduces a new and exciting art form, from vibrant painting and expressive drawing to the tactile magic of sculpting and the calming rhythm of textile arts. This program fosters self-expression, builds confidence, and provides a supportive environment for artistic exploration and personal growth.



## Journaling for Self Care

Discover the power of journaling as a tool for self-care and personal growth. This program provides a safe and supportive space for individuals to explore their thoughts, feelings, and experiences through creative writing. Through guided prompts and reflective exercises, participants will learn to cultivate mindfulness, reduce stress, build self-awareness, and develop a deeper understanding of themselves. Whether you're a seasoned writer or have never picked up a pen, this class offers a gentle and accessible approach to

journaling that can enhance your well-being and foster a deeper connection to yourself.

Price: \$45 per session



# Card Games for Fun

Dive into the exciting world of collectible card games! Learn the fundamentals of popular games like Pokémon, Yu-Gi-Oh!, or Magic: The Gathering. Our experienced instructor will guide you through deck building, game mechanics, and strategic gameplay in a supportive and inclusive environment. This series is perfect for beginners and those looking to expand their knowledge and connect with fellow card game enthusiasts. No prior experience is necessary, just a passion for fun and friendly competition!

*Important:* At the end of each session, all the cards used in the class will be returned to the facilitator. We understand it may be emotionally challenging for some to disassemble their Lego creations, but each participant will be given photos of their creation at the end of each session. Legos are meant to be taken apart and turned into new fun creations over and over.

Price: \$65 per session



#### **Become a Game Master**

Ignite your imagination and become a master storyteller with our engaging Game Master (GM) sessions! Learn the art of crafting captivating narratives, developing compelling characters, and facilitating immersive role-playing experiences for your own tabletop gaming adventures. This series provides a supportive and inclusive environment for aspiring GMs to hone their skills, build confidence, and discover the joy of sharing their unique creative vision with others. No prior experience is necessary, just a passion for

storytelling and a desire to bring imaginative worlds to life!

Price: \$65 per session



# Mosaic Arts

This beginner-friendly Mosaic program provides a supportive and accessible environment for participants to explore the fascinating world of mosaics. Under the guidance of experienced instructors, participants will learn fundamental mosaic techniques, including designing, adhesive application, and grout mixing. Using a variety of materials, including colorful glass, ceramic, found objects, and even beads, students will create beautiful and unique mosaic pieces, fostering creativity, self-expression, and a sense of accomplishment.

Price: \$95 per session

# **About The Eclectic Chic Boutique**

The Eclectic Chic Boutique is an Autism-owned gift shop nestled in the heart of downtown Montclair, NJ. This vibrant space serves as a collective for local artists and small businesses, showcasing a curated selection of unique and handcrafted treasures. Founded in 2018 by Kristen Zachares, the boutique offers a one-stop destination for creative gifts while also hosting engaging arts and crafts classes. Kristen's vision is to create a welcoming and inclusive environment where everyone feels inspired and empowered to explore their creativity, fostering a genuine appreciation for the work of local artisans.

# **Contact Us**

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